

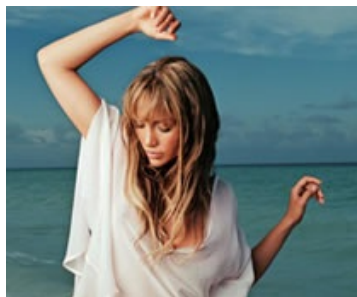
# 30 is the new black

[Home](#)[Audience](#)[Portfolio](#)[Resume](#)[Contact Me](#)

## Summer beauty products that won't break the budget

📅 4 October 2010 📁 Fashion & Beauty 👤 Gillian 💬 1 comment

As every woman knows, a whole lotta work goes into your pre-beach preparations but a premium look doesn't have to come at a premium price. Here are 7 tried and tested beach beauty bargains under \$50 - low priced products for high exposure. *And the aim?* To look like you have been holidaying in St Tropez before you have hit the beach or even left the house. So what are you waiting for ladies ... it's time to get your beach on and start those temperatures rising ...



[Read more »](#)

## Is Essence magazine showing their true colours?

📅 17 August 2010 📁 Opinion pieces 👤 Gillian 💬 0 comments

There was uproar when the news broke that black magazine *Essence* appointed Ellianna Placas, a white fashion editor (incidentally from Australia). But is the problem more than just skin deep?

The **brand mission** of *Essence* magazine states that "*Essence* inspires black women of all shades and shapes to lead bold, fulfilling lives. We encourage their passions and dreams and celebrate their community. As a trusted friend, we reflect their best selves and motivate them to live without limits."

Given Australia's poor record to date and **lack of visibility of black women** in magazines and popular culture, I'll admit that my first reaction to this wasn't exactly one of pure elation.



[Read more »](#)

## The model workout ...

📅 26 July 2010 📁 Opinion pieces 👤 Gillian 💬 4 comments

New York based Australian model Jessica Hart who joins Jennifer Hawkins for the latest Myer campaign busted the myth that models don't work out and said that there were no short cuts to modelling.



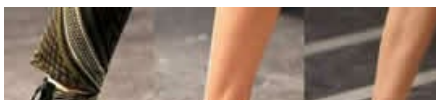
It's a welcome relief from the lies we have been fed for years by models who say they can eat whatever they want, never exercise and attribute their stick thin body to simply good genes and a fast metabolism.

[Read more »](#)

## Wild about the wedge ...

📅 1 August 2010 📁 Fashion & Beauty 👤 Gillian 💬 4 comments

The wedge can take you from the boardroom to the bar and to the bedroom and back to the boardroom if you're so inclined. Wedges



## About



media releases etc.

I am a freelance writer in my 30's who enjoys writing about women's issues, dating, fashion, exercise and fitness, trying to make sense of a world obsessed by couples, calories and celebrities. I have worked in media and entertainment for over five years and write engaging and compelling copy including web copy, feature articles,

## Subscribe

Receive notifications of new posts:

Enter email address  
☒ Subscribe ☐ Unsubscribe

## Recent Posts

[Summer beauty products that won't break the budget](#)

[Is Essence magazine showing their true colours?](#)

[The model workout ...](#)

[Wild about the wedge ...](#)

[If you liked it, you should have put a ring on it ....](#)

[The cougar myth ...](#)

## Recent Comments

Dominique on [The cougar myth ...](#)

Amandas@hotmail.com on [Summer beauty products that won't break the budget](#)

## Polls

## Fashion find of the week



☐ Keep ☐ Find

[View Results](#)

## Categories

[Fashion & Beauty](#)

[Opinion pieces](#)

## Links

[chictopia](#)

[Fashion Toast](#)

[Girl with a satchel](#)

[In my heels](#)

[Melinda Tankard Reist](#)

[Missy Confidential](#)

[MyStyleDiary](#)

[Notes of a former mushroom-haired child](#)

[Reality Ravings](#)

[The Fashion Spot](#)

[The Sartorialist](#)

[Tightly Curly](#)

are a stylish collaboration of form and functionality

[Read more »](#)



If you liked it, you should have put a ring on it ....

19 July 2010 Opinion pieces Gillian 5 comments

Can women and men ever be friends? This is an old-age question and everyone has a different view on it. I agree with Billy Crystal's character in the movie "When Harry Met Sally," who famously said, "Men and women can't be friends ... the sex [or attraction] part always gets in the way."



Past experience has shown me that a man can only be friends with a woman if there is no physical attraction but the kicker is that a man will usually only seek out a friendship with a woman he is attracted to. I think women are much better at trying to put their feelings aside but when unrequited feelings gets in the way of a blossoming friendship, admittedly it isn't always the guy who is struggling with those feelings.

[Read more »](#)

The cougar myth ...

12 July 2010 Opinion pieces Gillian 11 comments

When the saying 'I am woman, hear me roar' was coined, I don't think women being called cougars and depicted as 'preying' on younger men was exactly what they had in mind.

A woman dating a man ten or years younger than herself is no difference to a man dating a younger woman but once again, women are reduced to and defined by their sexuality

But is it really women who are furthering the cougar movement as the media and popular culture would like to suggest or are aggressive young cubs pursuing older women eager for some Mrs Robinson action?

I would like to put an argument forward that it is the latter rather than the former.



[Read more »](#)

Indigenous Model Samantha Harris - June 2010 Vogue Covergirl

5 May 2010 Fashion & Beauty Gillian 10 comments

Indigenous model **Samantha Harris** has landed the coveted cover of the June 2010 issue of Vogue onsale today. She is only the second Aboriginal model to appear on the cover of the fashion bible, the first being Elaine George in 1993.

It is very rare to see a black model on the Australian cover of a magazine (not including celebrities and singers). **Mia Freedman** let us in on an industry secret back in 2005 that black models apparently do not sell magazines.



Naomi Campbell is an outspoken advocate of more racial diversity in the fashion industry and constantly speaks out about the lack of representation of black models.

[Read more »](#)

[Next Page »](#)



---

30 is the new black © Gillian 2010 | Freedom-Pink & Widgetized by Tina Silva

Freedom Blue Plus improved by Eyoung. Kudos to Frank Helmschrott, Michael and Fredrik for the original Design.